Food for Thought: Talks on Food and Cooking

Saturday, May 4

11:00 - 12:00

Notes From A Young Black Chef: Kwame Onwuachi (Chronicle Stage)

Kwame Onwuachi interviewed by Bryant Terry

Meet the all-star chef whose kitchen wizardry and unique flair for fusion were praised by food critic Bill Addison as "ignited and firing at peak level." In Onwuachi's remarkable culinary coming-of-age story, "Notes From a Young Black Chef," he navigates the unwelcoming world of fine dining as a person of color, competes on Top Chef, and quickly bounces back from the failure of his first restaurant to become the Executive Chef of the wildly popular, D.C.-based Kith and Kin at only 28 years old.

Sunday, May 5

12:45 - 1:45

Season: An Interview with Nik Sharma (Chronicle Stage)

Nik Sharma interviewed by Sandhya Dirks

Fusion chef Nik Sharma is the beloved curator of the award-winning food blog "A Brown Table." In "Season," his stunning new book, he shares a treasury of ingredients, techniques, and flavors that combine in a way that's both
familiar and completely unexpected. These are recipes that take a journey from India by way of the American South to California. Though the dishes will take home cooks and their guests by surprise, there’s nothing intimidating here. “Season,” like Nik, welcomes everyone to the table. Sponsored by SACHI.